



REBA L. MOORE, CHIEF JPO
MARTHA GARZA, JPO
LATICIA TREVINO, JPO

PROGRAM DESCRIPTION

The Parent Adolescent Center is a non-secure residential facility serving the youth of the West Texas area. As an extension of the Juvenile Probation Department of the 110th Judicial District, the Center offers a well-rounded program with the objective of rehabilitating juvenile offenders to help them become well-adjusted productive adults.

The goal-oriented program is structured on a “level” system and usually requires 4-6 months for completion of the program (although we also provide short-term pre-disposition placement). As a resident works up the levels, his/her privileges and responsibilities increase in preparation for release. The following components are an integral part of the program:

- Daily Living Skills Training – the resident are responsible for daily chores on the campus which include cooking, cleaning, laundry, basic housekeeping and yard work to help prepare them for self-sufficiency.
- Social Skills Training – staff works with the residents daily to improve their social skills and encourage appropriate manners and decorum.
- Anger Management Skills/Why Try? Training – These elements help residents learn appropriate ways to control their anger, resolve conflicts, make pro-social decisions, and behave in a socially appropriate manner.
- Mental Health Services: If mental health screening indicates the need, children’s mental health services are provided by the local MHMR organization in the community or by independent counselors who are available.
- Substance Abuse Prevention/Intervention/Treatment: Certified Substance Abuse Counselors provide substance abuse prevention/intervention counseling to every resident through frequent group and individual sessions. More intensive needs are served through Reed Adolescent Center’s outpatient treatment program.
- Academic Skills – The residents attend school regularly in the Floydada Independent School District’s program housed in the facility. In addition to this, we have daily reading time to encourage residents to improve their reading level while they are in the facility.
- Vocational Skills training – All residents aged 14 and older receive a vocational screening. Those residents who indicate an aptitude for it may apply to participate in vocational training from a certified auto mechanic in our fully equipped Automotive Technology Center. Others may receive training in woodworking, carpentry, and when appropriate, office skills.

- Physical Training Component – The Center promotes physical fitness and self-discipline through a physical training element which includes running, calisthenics, some weight training, and games such as basketball and volleyball.
- Community Service – The residents perform many community service projects that encourage them to be invested in the community and to teach them that they must give something back to their community. In doing these projects, they often get to practice the social skills that they have been learning as well as receive some vocational instruction.
- Wilderness Adventure Training – As weather allows, the Center takes the residents camping, hiking, and to Ropes Courses to provide a challenge and teach survival and team building skills.
- Parenting Classes – Parenting classes/forums are held at the facility bi-weekly for the parents who can attend. This class is on Sunday afternoon just prior to visitation to facilitate those parents from out of town.

Although these are the basic components of the program, we realize that each child who comes into our facility has unique needs. We endeavor to help meet those needs by getting to know each child as an individual, and then helping them acquire some of the skills and confidence required to be successful when they leave our program.